



Monitoring HIV pre-exposure prophylaxis uptake in Australia



PBS-subsidised HIV Pre-exposure Prophylaxis from April 2018 to December 2018

> Issue #1 June 2019¹

HIV pre-exposure prophylaxis (PrEP) first became available through the Pharmaceutical Benefits Scheme (PBS) on April 1st 2018. In the first nine months after PBS listing, an estimated 18,530 individuals were dispensed PBS-subsidised PrEP. This represents approximately 2000 additional individuals each month dispensed PBS-subsidised PrEP for the first time². These 18,530 people include those who initiated PrEP for the first time after PBS listing and those who have transitioned from a demonstration study3.

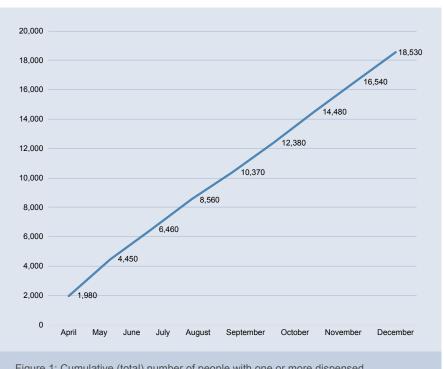


Figure 1: Cumulative (total) number of people with one or more dispensed PBS-subsidised PrEP prescriptions from April 1st 2018¹.

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^{1.} The Kirby Institute, Monitoring HIV Pre-exposure Prophylaxis Uptake in Australia (Issue 1). The Kirby Institute, UNSW Sydney, Sydney NSW, April 2019. For more information contact Professor Rebecca Guy (rguy@kirby.unsw.edu.au) or Dr Nicholas Medland (nmedland@kirby.unsw.edu.au).

^{2.} See note on data sources p3

^{3.} See note on transition from demonstration studies p3

States and territories of individuals dispensed PBS subsidised PrEP

The number of individuals receiving PrEP in Australia and in each state demonstration study as of March 31st 2018 is listed below. An unknown number of individuals were self-importing.

NSW	9635
VIC	4285
QLD	2459
SA	657
WA	631
ACT	302
TAS	143
Total	18,112

The number of individuals in each state with dispensed PBS-subsidised PrEP reflects the rate of transition from each demonstration study to PBS subsidised medication⁴. Transition to PBS from demonstration studies occurred sooner in Victoria than in NSW.



Figure 2: Cumulative (total) number of people in Victoria, NSW and Queensland with one or more dispensed PBS-subsidised PrEP prescriptions from April 1st 2018



Figure 3: Cumulative (total) number of people in other states and territories with one or more dispensed PBS-subsidised PrEP prescriptions from April 1st 2018 5 .

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^{4.} See note on transition from demonstration studies p3

^{5.} Groups with less than 30 individuals are not able to be displayed. See note on data sources p3

Gender and age distribution of individuals dispensed PBS subsidised PrEP

Of the 18,530 individuals dispensed PBS-subsidised PrEP prescriptions, 18,360 (99.1%) were recorded as male and 170 (0.9%) as female⁶. 11,350 (61.3%) were aged between 25 and 44 years, while 2,180 (11.8%) were aged over 54 years.



Figure 4: Cumulative (total) number of people in each age bracket with one or more dispensed PBS-subsidised PrEP prescriptions from April 1st 2018⁷

Note on data sources in this newsletter:

This newsletter reports total or cumulative individuals who have ever been dispensed PBSsubsidised PrEP since PBS listing in April 1st 2018. The data in this newsletter are generated from a de-identified 10% sample of all dispensed PBS-subsidised PrEP prescriptions. Data available includes gender (as reported through the PBS), state that the prescription was dispensed and age-group. Gender is reported as male or female only; it is not possible to determine what proportion of each reported gender are cis-gender or trans-gender. For confidentiality reasons, subgroups with less than 30 persons are not displayed.

Note on transition from PrEP demonstration studies:

States and territories conducted separate PrEP demonstration studies. After PBS listing in April 2018, each study has had a different plan to transition participants to PBS subsidised medication. Some studies continued to provide PrEP to participants after PBS listing and participants may have taken some months to exhaust their existing medication supply. It is not possible to determine from the PBS data included in this newsletter if individuals had previously been participants in PrEP demonstration studies. It is expected that transition from demonstration studies to PBS subsidised PrEP will continue for at least the first 12 months after PBS listing.

^{6.} PBS data records gender as male or female only. The relative proportion of each reported gender who are cisgender and transgender is not known. See note on data sources p3

^{7.} Groups with less than 30 individuals are not able to be displayed. See note on data sources p3